

FYE 100 – First-Year Seminar – 1 credit

COURSE SECTION AND YEAR: Fall, 2016

CLASS LOCATION: Social Sciences Hall 123

CLASS MEETING TIME(S): Tuesdays 1:40-2:30

INSTRUCTOR: Dr. Glynis Fitzgerald

OFFICE HOURS : By appointment only – Contact Grad Studies at 860-832-2346

OFFICE LOCATION: Barnard Hall, 102

CONTACT INFORMATION:

EMAIL: fitzgeraldg@ccsu.edu

PHONE: (860) 832-2346

REQUIRED COURSE READINGS AND MATERIALS:

1. Blackboard Access to the course modules
2. Calendar: We require each student to have some type of a calendar or planner so you can more effectively manage your time and schedule. This may be electronic in form (cell phone, PDA, etc.). Calendars are also available in the University Bookstore.
3. CCSU Email Account: All students are required to use their CCSU email accounts.

COURSE DESCRIPTION:

The purpose of the First-Year Seminar is to integrate students into the life and culture of Central Connecticut State University and to prepare them with the foundations for academic success. The course addresses the competencies of wellness, information literacy, financial literacy, growth mindset, and career preparation.

Students must successfully pass this course to meet a General Education Requirement.

LEARNING OUTCOMES:

- Establish a sense of belonging and purpose with your peers, faculty, and institution
- Identify and leverage the mindset and character strengths that promote your academic success
- Practice time management and deliberate learning strategies to master skills and content
- Grow more comfortable interacting with and learning about people around you;
- Learn to identify, locate, evaluate and effectively and responsibly use and share information for a problem at hand;
- Learn to promote wellness decisions that will improve quality of life.
- Develop skills to make informed decisions about building and maintaining credit worthiness and the responsible use of credit.

CLASS POLICIES:

- Academic Integrity – all work must be your own; work submitted that is not your own will result in no credit for that assignment as well as possible disciplinary action. Please refer to your student handbook for information related to academic integrity.
- Attend class and be on time.
- Check your CCSU email - this is your responsibility.
- Be respectful of your peers in class and online.
- Late assignments will not be accepted. Missed class work cannot be made up.
- Technology use - Please remember to turn off or silence your phone during class and refrain from any use of technology that is not related to class activities.

CCSU POLICIES RELATED TO THE LEARNING ENVIRONMENT:

- Students with Special Needs: Accommodations for students with disabilities are best done when there is lead time for planning. Please contact me privately to discuss your specific needs if you believe you need course accommodations based on the impact of a disability, medical condition, or if you have emergency medical information to share. I will need a copy of the accommodation letter from Student Disability Services in order to arrange your class accommodations. Contact Student Disability Services, Willard Hall, 101-04 if you are not already registered with them. Student Disability Services maintains the confidential documentation of your disability and assists you in coordinating reasonable accommodations with your faculty.
- Discrimination and Harassment: Central Connecticut State University strives to maintain our campus as a place of work and study for faculty, staff, and students that is free of all forms of prohibited discrimination and harassment based upon age; ancestry, color; gender identity and expression; intellectual disability; learning disability; mental disorder; physical disability; marital status, national origin; race; religious creed; sex, (including pregnancy, transgender status, sexual harassment and sexual assault); sexual orientation; or any other status protected by federal or state laws. Any student who has concerns about should contact the Office of Diversity and Equity (ODE) at 860-832-1652, Student Affairs at 860-832-1601, or his/her faculty member. The ODE is located on the main floor of Davidson Hall, room 102. Sexual Misconduct, Intimate Partner Violence and Stalking

Central Connecticut State University is committed to providing a learning and working environment that emphasizes the dignity and worth of every member of its community. Sexual harassment (including sexual assault) in any form will not be tolerated. Sexual harassment" means unwelcome sexual advances, requests for sexual favors, and/or other verbal or physical conduct of a sexual nature. Such conduct has the purpose or effect of unreasonably interfering with an individual's work or academic performance or creating an intimidating, hostile, or offensive working or academic environment in any University activity or program. For additional information, please consult the CCSU policies at <http://www.ccsu.edu/page.cfm?p=1333>. All faculty members and staff have a duty to report incidents of sexual harassment including sexual violence to Rosa Rodríguez, Title IX Officer, Office of Diversity and Equity, Davidson Hall, 102.

To file a report contact: Diversity and Equity (860-832-1652); Student Affairs (860-832-1601); Student Conduct (860-832-1667) or the University Police (860-832-2375). For support and advocacy contact: Student Wellness Services at 860-832-1945 (confidential), the Women's Center at 860-832-1655, the local YWCA's Sexual Assault Crisis Services Hotline at 860-223- 1787 (confidential) and Prudence Crandall Center for Domestic Violence (confidential) at 888-774-2900 (24-hour hotline).

COURSE REQUIREMENTS:

Class Attendance/Participation (100 points): You **MUST** attend your classes regularly and engage in the requirements for each class; otherwise, **your financial aid may be revoked** either partially or in full. This would result in an amount due by you to the University immediately. Students are encouraged to sign up for the Emergency Notification System (ENS) <http://web.ccsu.edu/emergencynotification/?redirected> in order to be informed of campus closures. Also, students are encouraged to check the CCSU website for additional information.

Assignments: (500 points): Assignments are contained within each of the five (5) online modules housed on our course's BlackBoard Learn page. All assignments must be uploaded to BlackBoard Learn. Pre-class assignments must be completed prior to each class session. Post-class assignments must be completed by the end of the weekend (11:59 pm, Sunday).

Advising Activity (100 points): To be completed with your CACE advisor. You must provide evidence of this meeting/work to receive full credit for this activity.

On Campus Activities (200 points): Attend a minimum of two on campus activities (e.g., cultural or sporting events, participate in a CCSU club sponsored activity or meeting). In order to get full credit for this activity you must attend at least one activity prior to Thanksgiving break. For each activity you will submit documentation of your attendance (copy of ticket, program, etc.) and complete the accompanying reflection questions on BlackBoard Learn.

Exam (100 points): The final exam for this class will be a reflection paper is designed to facilitate your reflection on course content and its impact on your current/future studies at CCSU. Specific instructions for this paper will be posted on BlackBoard Learn.

GRADING:

Your final grade will be determined by the following scale:

Assignment	Total Points
1. Class Attendance/Participation	100
2. Assignments	500
3. Advising Activity	100
4. On Campus Activities	200
5. Exam	100
TOTAL:	1000

Late assignments will not be accepted. You must earn a minimum of 700 points to pass the course. Missed class work cannot be made up.

Week one	Growth Mindset: Sense of Belonging
Week two	Growth Mindset: Grit
Week three	Information Literacy: Choice Making in a Connected World
Week four	Growth Mindset: Character Strengths
Week five	Wellness: Time Management
Week six	Information Literacy: Information and Research
Week seven	Growth Mindset: Deliberate Practice and Feedback
Week eight	Career Planning: Advising
Week nine	Growth Mindset: Deliberate Practice and Feedback
Week ten	Financial Literacy: Managing Credit and Debt 1
Week eleven	Financial Literacy: Managing Credit and Debt 2
Week twelve	Career Planning: Career Planning and Student Involvement
Week thirteen	TBD
Week fourteen	Wellness: Health and Wellness
Week fifteen	Wrap up

Academic Honesty and Integrity

At Central Connecticut State University we value personal integrity as fundamental to our interactions with each other. We believe that one of the purposes of a University education is for students learn to think critically, to develop evaluative skills, and to express their own opinions and voices. We place special weight on academic honesty in all of our intellectual pursuits because it is a value that is fundamental to academic life and scholarly practice. All members of the University community are obligated to uphold high standards of academic honesty in their scholarship and learning. Therefore, we expect students to take personal responsibility for their intellectual work and to respect and acknowledge the ideas of others. Academic honesty means doing one's own work and giving proper credit to the work and ideas of others. It is the responsibility of each student to become familiar with what constitutes academic dishonesty and plagiarism and to avoid all forms of cheating and plagiarism.

Disability Services

Please contact me privately to discuss your specific needs if you believe you need course accommodations based on the impact of a disability, medical condition, or if you have emergency medical information to share. I will need a copy of the accommodation letter from Student Disability Services in order to arrange your class accommodations.

Contact Student Disability Services located in Carroll Hall if you need to be registered with them. Student Disability Services maintains the confidential documentation of your disability and assists you in coordinating reasonable accommodations with your faculty.

The Learning Center

Lower level, Carroll Hall • (860)832-1900 • www.ccsu.edu/tlc

Pick up time management tools Semester at a Glance and Weekly study plan worksheets

Academic Coaching

Realize and exceed your academic goals by working with an academic success coach in a supportive learning environment. Together, you will personalize approaches to maximize your learning potential. Stop in or call to schedule an appointment.

Study Skills Workshops

Sharpen your learning strategies by attending a two-hour Study Skills Workshop. Along with an academic success coach, you will calculate your GPA, set academic goals, and enhance your time management, study, and exam preparation skills.

Tutoring Lab

Math, Statistics, Chemistry, and Physics drop in tutoring is available. Check our website for day and time availability. Psychology tutoring is available by appointment.

Placement Testing

Placement testing for Math and Modern Languages (French, German, Italian, and Spanish) is administered through The Learning Center. Call for an appointment.

Elihu Burritt Library

Elihu Burritt Library • (860)832-2060 • <http://library.ccsu.edu>

Research Help & Instruction

Get help with all of your research needs. Librarians offer one-on-one assistance at the Reference Desk or by appointment. We also offer instruction in all aspects of the research process, including where and how to find books in the library or online, how to access articles and scholarly resources from databases, and how to format citations.

Interlibrary Loan & Course Reserves

Librarians support your research needs by making library resources from around the world available through interlibrary loan. Textbooks and course readings are often available through our course reserves system.

Visit, call, email, or chat with librarians during our regular hours to use or learn more about our services and resources - 860-832-2060 - or visit us online at <http://library.ccsu.edu>